

Renrakuenka Waza Gokyo

Go Kyo		
1	De-ashi-barai	O-soto-gari
2	De-ashi-barai	Seoi-nage
3	De-ashi-barai	Ko-uchi-gari
4	De-ashi-barai	Tai-otoshi
5	De-ashi-barai	Harai-goshi
6	De-ashi-barai	Tani-otoshi
7	Hane-goshi	O uchi gari
8	Hane-goshi	Uchi-mata
9	Hane-goshi	Hane-maki-komi
10	Harai-goshi	O-soto-gari
11	Hiza-guruma	O-soto-gari
12	Hiza-guruma	Tani-otoshi
13	Hiza-guruma	Okuri-ashi-barai
14	Ko-soto-gari	Tani-otoshi
15	Ko-soto-gari	Yoko-otoshi
16	Ko-uchi-gari	O-uchi-gari
17	Ko-uchi-gari	Hane-goshi
18	Ko-uchi-gari	Uchi-mata
19	Ko-uchi-gari	Seoi-nage
20	O-soto-gari	Soto-maki-komi
21	O-soto-gari	O-soto-guruma
22	O-soto-gari	Harai Goshi
23	O-uchi-gari	Ko-uchi-gari
24	O-uchi-gari	Tai-otoshi
25	O-uchi-gari	Uchi-mata
26	O-uchi-gari	Harai-goshi
27	Sasae-tsuri-komi-ashi	O-soto-gari
28	Sasae-tsuri-komi-ashi	O-uchi-gari
29	Sasae-tsuri-komi-ashi	Harai-tsuri-komi-ashi
30	Sasae-tsuri-komi-ashi	De ashi barai
31	Seoi-nage	O-uchi-gari
32	Tai-otoshi	Uchi-mata
33	Tsuri-komi-goshi	Harai Goshi
34	Uchi-mata	O-uchi-gari
35	Uchi-mata	Ko-uchi-gari